





| Important info | |
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| Where: | Access Centre - 48 Holland Rd |
| When: | March 12 & 14 - 5:45pm-6:45pm March 16 & 23 - 9:30am-10:30am |
| What to bring: | Helmet with cage, waterbottle, hockey or lacrosse gloves, indoor runners |
| What will be provided? | Sticks, balls and a great time! |

Registration Required visit our website for more info and link. www.nwfalconslacrosse.ca